



Smartphones

The Pros and Cons of Technology

Warm-up

- Do you prefer Apple or Android? Why?
- What do you use your phone for the most?
- What are your favorite phone applications?
- How much time do you spend using your phone each day?



NOMOPHOBIA

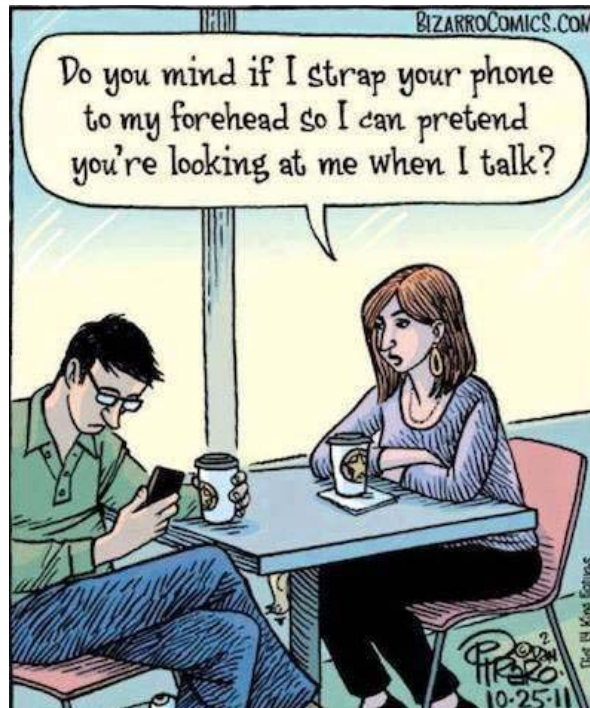


Are you addicted to your smartphone?

Experts say these are some early warning signs:

- Constantly checking your phone for no reason
- Feeling anxious or restless at the thought of being without your phone
- Avoiding social interaction in favour of spending time on your phone
- Waking up in the middle of the night to check your smartphone
- A decline in academic or work performance as a result of prolonged phone activity
- Easily distracted by emails or smart apps

Beware of Zombies!

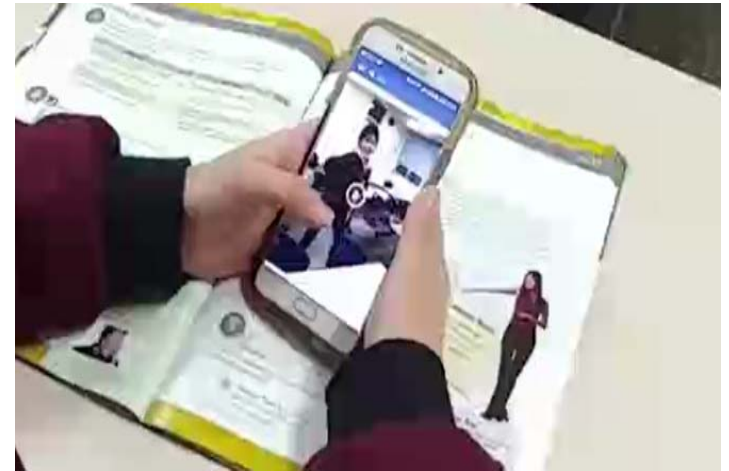


Smartphones





What dangers did you see in the video?



Video



- Reflect on the video we watched
- Create your own video to raise awareness about the dangers of technology.
- It can be done by acting/drawing/signs/ or any other creative idea you have

• Wevideo



• Vivavideo

